

Nature's Way Health & Beauty Centre

Established 1993

187, Tulketh Brow
Ashton
Preston
PR2 2JD

Tel: 01772 768770

OPENING TIMES

Mon	Closed
Tue	9:30 - Late by Appt. only
Wed	9:30 - 5:30
Thu	9:30 - Late by Appt. only
Fri	9:30 - Late by Appt. only
Sat	9:30 - 4:00

Like us on



www.natureswayhealthandbeauty.co.uk



Nature's Way

We have an opportunity for an experienced hairdresser to rent a chair in our newly refurbished salon.

With over 25 years of heritage, Nature's Way can offer stability in these uncertain times

To find out more, call Julie on
07785 345014

We offer flexible rental terms and will help and support you on your journey to your business success.

Facial Treatments

Aromatherapy Facial: A de-stressing treatment, encouraging relaxation and is beneficial for sinus problems 30 mins	£19
Tropics® Revitalising Facial: Cleanse; Tone; Exfoliate; Steam; Comadone extraction; Neck & Shoulder Massage 1 hour	£32
Tropics® Deep Cleansing Facial: Cleanse; Tone; Exfoliate; Steam; Comadone extraction & Mask 50 mins	£29
Combined with Direct Frequency (Ozone)	£31
Nature's Way Deluxe Tropics® Facial: Cleanse; tone; exfoliation; Tropics serum; hand & arm massage or foot massage; face mask; neck and shoulder massage; moisturise to finish - 60 mins	£40

Tropics Products are proud to be certified by:



Dermalogica Facial: Prescription facial using fantastic Dermalogica products 1 hour	£45
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Sonic Peel Exfoliation:

Regenerates the revival of new skin tissues. Reduces blemishes and clarifies skin complexion.

Effective for all skin types, even for those considered sensitive.

Leaves skin polished radiant and firm.

Non Abrasive Facial: Cleanse, tone, peel and infuse serum- 45mins	£36
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Silhouette Dermalift—”Non Surgical Face Lift”

Classic Dermalift: Helps to Reduce Fine Lines and Wrinkles, Reduces Puffiness Around The Eyes, Improving Vascular and Lymphatic Flow - 50 mins	£30
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Dermalift Eye Treatment: Lifts & defines contours, smoothes fine lines and wrinkles, reduces dark shadows and puffiness around the eye area—30 mins	£17
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Dermafusion: Intensive Mask Therapy:

Includes: cleanse, tone, AHA Glycolic Peel and a Collagen Mask
Fights the signs of aging, boosts the hydration of the skin, improves elasticity and delays it's aging cycle

Dermalift Microface Intense Treatment: 1hr 15mins	£46
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Jaw Sculpt with Dermalift Intense: 30mins	£37
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Eye Lift with Dermalift Intense: 30mins	£26
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Add ALDA - Lymphatic Drainage	£26
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Add: Glycolic Peel	£10
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Add: Dermafusion Mask	£5
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Courses are available for all Dermalift treatments	£12
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Aromatherapy & Holistic Therapies

Lava Shell Full Body Massage - 1hr	£46
Lava Shell Back and Neck Massage - 30mins/45mins	£27/33
Aromatherapy Massage - 1hr	£36
Full Body Swedish Massage - 1hr	£36
Back And Neck Massage - 30mins/45mins	£21/26
Face and Neck Massage - 30mins	£19
Leg Massage - 30mins/45mins	£19/24
Hopi Ear Candles 45mins	£26
Hopi Ear Candles with Sinus Drainage and Massage - 1hr	£33
Indian Head Massage - 30mins	£21
Reflexology - 1hr	£36
Reflexology with Hot Oil Candle - 1 hr 20mins	£46
Reflexology with Hot Stone or Paraffin Wax - 1hr 20 mins	£46
Deep Tissue Massage - 1hr	from £40
Sports Massage - 1hr	from £40
Reiki - 1 hr	£32

Body Exfoliation Treatments

Full Body Exfoliation: Scrub and Moisturise - 1 hr.	£31
Back Cleanse: Steam, Exfoliation, Comadone extraction and Moisturise - 1 hr / Add 15 minutes Direct Frequency (Ozone)	£31/36

Eye Treatments

Lash lift - lasts up to 6 weeks giving lashes a thicker ,darker look with a lift, lash tint included	£30 *
Add under eye gel pads for a nourishing and revitalizing finish while having your lash lift for an additional	£7
Eye lash Tint	£13 *
Brow Tint	£8*
Lash & Brow Tint	£17 *
Brow Reshape / Wax	£8
Brow Trim	£7

* Please Note : A patch test must be carried out 24 hrs prior to treatment

Hair Removal

Electrolysis

Permanent Hair Removal by Electrical Epilation using Sterex Disposable Needles

From £11

Advanced Cosmetic Procedures

Red Thread Vein Removal

From £41

Removal of Milias

From £26

Removal of Skin Tags

From £41

Removal of Blood Spots

From £26

Removal of Seborrhoeic Warts

From £41

Waxing

Back Wax

£19

Chest Wax

£17

Stomach Wax

£9

Shoulder Wax

£9

Arm Wax

£13

Total Tanning Solutions

St. Tropez Total Tanning:

Streak Free False Tan Either Professionally

Applied in Salon or on Sale for Home Use

Full Body

£25

1/2 Body (upper or lower)

£18

New to Nature's Way - RF Trio

RF Treatments are suitable for all ages and all skin tones. Treatments are appropriate for everybody especially those looking to target excess or loose skin, scarring, stretch marks or facial contouring. With treatments taking as little as 20 minutes, it's one of the fastest and most effective solutions for a whole host of face and body issues.

**ONLY £45 per treatment,
courses are also available**



Permanent Make up

Nature's way has specialised in Permanent make-up for over 24 years, a treatment which can last 3-5 years

Eyebrows : Covers sparse growth, Reshaping etc.

Call the Salon for your **FREE** Consultation

A £50 non refundable deposit is required prior to actual treatment

Manicure and Pedicure

Manicure

Includes Shaping of Nails, Cuticle Care, Hand massage and buffing 1 Hr £21

Luxury Manicure

Includes the above plus exfoliation and hand mask 75 mins £25

Deluxe OPI Manicure

Exfoliation; rejuvenating serum; Avoplex cuticle application; massage 90 mins £29

Mini Manicure - filing; cuticles and buffing - 30 mins £16

Pedicure

Includes Foot Spa; Removal Of Hard Skin; Cuticle Care; Cutting & Filing of Nails; Massage and Buffing to finish 1 Hr £24

Luxury Pedicure - All of the above plus exfoliation and foot mask - 75 mins £29

Deluxe OPI Pedicure

Includes the above plus callous softening; exfoliation plus foot mask 90 mins £33

Mini Pedicure - filing; cuticles and buffing - 30 mins £16

Hair @ Nature's Way

A Comprehensive Hair Dressing Service is available in Salon.

Appointments are not always necessary.

For A Special Occasion

Half day and full day packages available for any occasion:

Weddings; Prom Nights; Birthdays and Pamper Days

Bespoke Service, incorporating treatments from our hair and beauty repertoire.

Packages can be tailored to include treatments to meet individual requirements. Price discounts and special deals available

Gift Vouchers

The Perfect Gift for Any Occasion. Available for any treatment or Value

Special Offers

Special offers are always available, please check our website :

natureswayhealthandbeauty.co.uk

or call the salon on

01772 768770

for more details



Scan our QR Code for details
and to visit our website



Please note : Due to the high number of missed appointments, a minimum of 24 hrs notice is required to cancel an appointment. We regret that failure to do so will result in a cancellation fee being charged.

Certain appointments may require a deposit to be paid at the time of booking

Prices may change at any time without prior warning

Ver. 8.8 April 2020