

Aromatherapy & Holistic Therapies

Lava Shell Full Body Massage - 1hr	£45
Lava Shell Back and Neck Massage - 30mins/45mins	£26/32
Aromatherapy Massage - 1hr	£35
Full Body Swedish Massage - 1hr	£35
Back And Neck Massage - 30mins/45mins	£20/25
Face and Neck Massage - 30mins	£18
Leg Massage - 30mins/45mins	£18/23
Massage with the aid of vibration and infrared - targeting cellulite on buttocks and thighs - 1hr	£30
Hopi Ear Candles 45mins	£25
Hopi Ear Candles with Sinus Drainage and Massage - 1hr	£32
Indian Head Massage - 30mins	£20
Reflexology - 1hr	£35
Reflexology with Hot Stone or Paraffin Wax - 1hr 20 mins	£45
Compression Herbal Ball Massage - 1hr	£35
Pregnancy Full Body Massage - 1hr	£40
Deep Tissue Massage - 1hr from	£35
Sports Massage - 1hr from	£35

Body Exfoliation Treatments

Full Body Exfoliation: Scrub and Moisturise - 1 hr.	£30
Back Cleanse: Steam, Exfoliation, Comadone extraction and Moisturise - 1 hr / Add 15 minutes Direct Frequency (Ozone)	£30/35

Total Tanning Solutions

St. Tropez Total Tanning: Streak Free False Tan Either Professionally Applied in Salon or on Sale for Home Use	£25
Full Body	£18
1/2 Body (upper or lower)	

St Tropez Spray Tanning

Classic Full Body	£20
Classic Half Body	£10
Express Full Body	£25
Express Half Body	£12
Classic is a wash off after 8 Hours	
Express is a wash off after 2-3 Hours	

For A Special Occasion

Half and full day packages available for any occasion:

Weddings; Prom Nights; Birthdays; Pamper Days

Bespoke Service incorporating treatments from our hair and beauty repertoire.

Packages can be tailored to include treatments to meet individual requirements.

Price discounts and special deals available

Hair @ Natures Way

A comprehensive hair Dressing service is now available in Salon. An appointment is not always necessary, but advisable.

Special Offers

Special offers are always available, please check our website: natureswayhealthandbeauty.co.uk
Or call the salon on: 01772 768770 for more details

Please note : Due to the high number of missed appointments, a minimum of 24 hrs notice is required to cancel an appointment. We regret that failure to do so will result in a cancellation fee being charged
Appointments over 1 hour in duration require a deposit of £10 to be paid

Prices may change at any time without prior warning
Ver. 2.8 June 19

Nature's Way Health & Beauty Centre

Established 1993

187, Tulketh Brow
Ashton
Preston
PR2 2JD

Tel: 01772 768770

OPENING TIMES

Mon 9:30 - 4:00

Tue 9:30 - Late by Appt. only

Wed 9:30 - 5:30

Thu 9:30 - Late by Appt. only

Fri 9:30 - Late by Appt. only

Sat 9:30 - 4:00



Scan our QR code to
visit our website:

www.natureswayhealthandbeauty.co.uk

Like us on



Facial Treatments

Aromatherapy Facial: A de-stressing treatment, encouraging relaxation and is beneficial for sinus problems 30 mins £18

Revitalising Facial: Cleanse; Tone; Exfoliate; Steam; Comadone extraction; Neck & Shoulder Massage 1 hour £31

Deep Cleansing Facial: Cleanse; Tone; Exfoliate; Steam; Comadone extraction & Mask 50 mins £28
Combined with Direct Frequency (Ozone) £30

Germaine De Capuccini Facials: Prescription facials. Includes: cleanse, tone, exfoliation, concentrated serums to suit skin type, hand and arm or foot massage, face mask, neck & shoulder massage, moisturise to finish 1hr £38

Nature's Way Deluxe Facial: Cleanse; tone; exfoliation; steam; Caviar Serum; hand & arm massage; foot massage; face mask; neck and shoulder massage; moisturise to finish - 90 mins £45
All of the above facials are available with our Organic Product range Add £5

Sonic Peel Exfoliation: Regenerates the revival of new skin tissues. Reduces blemishes and clarifies skin complexion. Effective for all skin types, even for those considered sensitive. Leaves skin polished radiant and firm. Non Abrasive Facial: Cleanse, tone, peel and infuse serum- 45mins £35

Permanent Make-Up (Micro pigmentation) Nature's way Specialises in Permanent make-up, a treatment which can last 3-5 years

Eyebrows : Covers sparse growth, Reshaping etc.

Call the Salon for your **FREE** Consultation
A £50 non refundable deposit is required prior to actual treatment

Silhouette Dermalift—"Non Surgical Face Lift"

Dermalift: Helps to Reduce Fine Lines and Wrinkles, Reduces Puffiness Around The Eyes, Improving Vascular and Lymphatic Flow-50 mins £29

Dermalift Eye Treatment: Lifts & defines contours, smoothes fine lines and wrinkles, reduces dark shadows and puffiness around the eye area—30 mins £16

Dermafusion: Intensive Mask Therapy: Includes: cleanse, tone, AHA Glycolic Peeling gel and a **Collagen Mask**. Fights the signs of aging, boosts the hydration of the skin, improves elasticity and delays it's aging cycle £45

Dermalift Microface Intense Treatment: 1hr 15mins £36

Jaw Sculpt with Dermalift Intense: 30mins £25

Eye Lift with Dermalift Intense: 30mins £25
Add ALDA - Lymphatic Drainage £10
Add: Glycolic Peel £8
Add: Dermafusion Mask £12
Courses are available for all Dermalift treatments

Eye Treatments

Eye lash Tint £12
Brow Tint £7
Lash & Brow Tint £16
Brow Reshape / Wax £7
Brow Trim £6

Please Note : A patch test must be carried out 24 hrs. prior to tinting

Hands & Feet

Manicure Includes Shaping of Nails, Cuticle Care, Hand massage and buffing 1 Hr £20

Luxury Manicure Includes the above plus exfoliation and hand mask 75 mins £24

Deluxe OPI Manicure Exfoliation; rejuvenating serum; Avoplex cuticle application; massage 90 mins £28

Mini Manicure - filing; cuticles and buffing - 30 mins £15

Pedicure Includes Foot Spa; Removal Of Hard Skin; Cuticle Care; Cutting & Filing of Nails; Massage and Buffing to finish 1 Hr £23

Luxury Pedicure - All of the above plus exfoliation and foot mask - 75 mins £28

Deluxe OPI Pedicure Includes the above plus callous softening; exfoliation plus foot mask 90 mins £32

Mini Pedicure - filing; cuticles and buffing - 30 mins £15

Waxing

Back Wax £18

Chest Wax £16

Stomach Wax £8

Shoulder Wax £8

Arm Wax £12

Electrolysis

Permanent Hair Removal by Electrical Epilation using Sterex Disposable Needles From £10

Thread Vein Removal

Red Thread Vein Removal From £40

Removal of Milias From £25

Removal of Seborrhoeic warts From £40

Removal of Skin Tags From £40

Removal of Blood Spots From £25