

Nature's Way Health & Beauty Centre

Established 1993

187, Tulketh Brow
Ashton
Preston
PR2 2JD

Tel: 01772 768770

OPENING TIMES

Mon	9:30 - 4:00
Tue	9:30 - Late by Appt. only
Wed	9:30 - 5:30
Thu	9:30 - Late by Appt. only
Fri	9:30 - Late by Appt. only
Sat	9:30 - 4:00

Like us on



www.natureswayhealthandbeauty.co.uk

Facial Treatments

Aromatherapy Facial: A de-stressing treatment, encouraging relaxation and is beneficial for sinus problems 30 mins £18

Revitalising Facial: Cleanse; Tone; Exfoliate; Steam; Comadone extraction; Neck & Shoulder Massage 1 hour £31

Deep Cleansing Facial: Cleanse; Tone; Exfoliate; Steam; Comadone extraction & Mask 50 mins £28
Combined with Direct Frequency (Ozone) £30

Germaine De Capuccini Facials: Prescription facials. Includes: cleanse, tone, exfoliation, concentrated serums to suit skin type, hand and arm or foot massage, face mask, neck & shoulder massage, moisturise to finish 1hr £38

Nature's Way Deluxe Facial: Cleanse; tone; exfoliation; steam; Caviar Serum; hand & arm massage; foot massage; face mask; neck and shoulder massage; moisturise to finish - 90 mins £45

All of the above facials are available with our Organic Product range Add £5

Sonic Peel Exfoliation:

Regenerates the revival of new skin tissues. Reduces blemishes and clarifies skin complexion.

Effective for all skin types, even for those considered sensitive.

Leaves skin polished radiant and firm.

Non Abrasive Facial: Cleanse, tone, peel and infuse serum- 45mins £35

Silhouette Dermalift—"Non Surgical Face Lift"

Dermalift: Helps to Reduce Fine Lines and Wrinkles, Reduces Puffiness Around The Eyes, Improving Vascular and Lymphatic Flow- 50 mins £29

Dermalift Eye Treatment: Lifts & defines contours, smoothes fine lines and wrinkles, reduces dark shadows and puffiness around the eye area—30 mins £16

Dermafusion: Intensive Mask Therapy:

Includes: cleanse, tone, AHA Glycolic Peeling gel and a **Collagen Mask**

Fights the signs of aging, boosts the hydration of the skin, improves elasticity and delays it's aging cycle £45

Dermalift Microface Intense Treatment: 1hr 15mins £36

Jaw Sculpt with Dermalift Intense: 30mins £25

Eye Lift with Dermalift Intense: 30mins £10

Add ALDA - Lymphatic Drainage £8

Add: Glycolic Peel £12

Add: Dermafusion Mask

Courses are available for all Dermalift treatments

Aromatherapy & Holistic Therapies

Lava Shell Full Body Massage - 1hr	£45
Lava Shell Back and Neck Massage - 30mins/45mins	£26/32
Aromatherapy Massage - 1hr	£35
Full Body Swedish Massage - 1hr	£35
Back And Neck Massage - 30mins/45mins	£20/25
Face and Neck Massage - 30mins	£18
Leg Massage - 30mins/45mins	£18/23
Massage with the aid of vibration and infrared - targeting cellulite on buttocks and thighs - 1hr	£30
Hopi Ear Candles 45mins	£25
Hopi Ear Candles with Sinus Drainage and Massage - 1hr	£32
Indian Head Massage - 30mins	£20
Reflexology - 1hr	£35
Reflexology with Hot Stone or Paraffin Wax - 1hr 20 mins	£45
Compression Herbal Ball Massage - 1hr	£35
Pregnancy Full Body Massage - 1hr	£40
Deep Tissue Massage - 1hr	from £35
Sports Massage - 1hr	from £35

Body Exfoliation Treatments

Full Body Exfoliation: Scrub and Moisturise - 1 hr.	£30
Back Cleanse: Steam, Exfoliation, Comadone extraction and Moisturise - 1 hr / Add 15 minutes Direct Frequency (Ozone)	£30/35

Body Wraps

Detoxify your system AND lose inches 90 Mins.	£40
-----------------------------------------------	-----

Eye Treatments

Lash lift - lasts up to 6 weeks giving lashes a thicker ,darker look with a lift, lash tint included	£35 *
Add under eye gel pads for a nourishing and revitalizing finish while having your lash lift for an additional	£6
Eye lash Tint	£12 *
Brow Tint	£7 *
Lash & Brow Tint	£16 *
Brow Reshape / Wax	£7
Brow Trim	£6
Party Eyelash Extensions	£15 *
Individual Lash Extensions	£55 *
Lash Infill	£25 *
Removal of Lashes	£6

* Please Note : A patch test must be carried out 24 hrs prior to treatment

Hair Removal

Electrolysis

Permanent Hair Removal by Electrical Epilation using Sterex Disposable Needles	From £10
--------------------------------------------------------------------------------	----------

Advanced Cosmetic Procedures

Red Thread Vein Removal	From £40
Removal of Milias	From £25
Removal of Skin Tags	From £40
Removal of Blood Spots	From £25
Removal of Seborrhoeic Warts	From £40

Waxing

1/2 Leg (lower)	£13
Full Leg	£24
Bikini Line	From £8
Brazilian	£22
Hollywood	£27
Underarm	£8
Full Arm	£10
Lip	£5
Chin	£5
Lip & Chin	£8
Neck	£5

Total Tanning Solutions

St. Tropez Total Tanning:

Streak Free False Tan Either Professionally Applied in Salon or on Sale for Home Use	
Full Body	£25
1/2 Body (upper or lower)	£18

St Tropez Spray Tanning

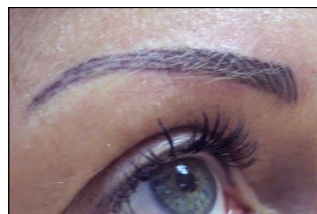
Classic Full Body	£20
Classic Half Body	£10
Express Full Body	£25
Express Half Body	£12
Classic is a wash off after 8 Hours	
Express is a wash off after 1-3 Hours	

Permanent Make up

Natures Way have Specialised in Permanent Make Up for over 21 Years

Eyebrows:

From creation of complete brows to infilling sparse growth and creating length. The treatment can have the effect of a non-surgical face-lift.



Eye Liner:

Top Line, Bottom or Both! Creates definition and natural Enhancement. A finer line than can be achieved with a pencil that will never run or smudge. No more Panda eyes by the pool this summer



Lip Liner:

Can be used for corrective shaping and to prevent lipstick from "bleeding" Colours can range from totally natural – matching your lip colour – to a definite "lip liner" in a colour to suit your skin and choice



For a FREE consultation to address your precise needs Please call the salon and make a no obligation appointment to see Julie. A £50 non refundable deposit will be required prior to actual treatment

Occasional Make-up - Ladies Day, proms etc.

Night or Day Make-up	£20
Add strip lashes - additional	£5
Add weekend lashes - additional	£10

Wedding Make-up

Wedding Make-up trial	£26
On the day (in salon)	£26
On the day (on location)	£35
Add strip lashes - additional	£5
Add weekend lashes - additional	£10

Piercing

Ear Piercing is Carried Out Using the Most Advanced and Highly Sterile Inverness System	From £20
Nose Piercing	£25

Manicure and Pedicure

Manicure: Filing, Cuticle Care, Hand Massage and Varnish 1 Hr	£20
Luxury Manicure —all of the above, <i>PLUS</i> exfoliation & hand mask 75mins	£24

Deluxe OPI Manicure

All of the above <i>PLUS</i> Exfoliation, Rejuvenating serum, Avoplex cuticle application, Massage 1 ½ hrs	£28
------------------------------------------------------------------------------------------------------------	-----

Mini Manicure - Filing; Cuticle Work; Polish or Buffing 30 mins (French 45mins—additional £2.00)	£15
---------------------------------------------------------------------------------------------------------	-----

French Manicure 1 Hr	£20
-----------------------------	-----

Re-varnish	£8
-------------------	----

Paraffin application - additional	£8
------------------------------------------	----

Pedicure: Foot Spa, Removal Of Hard Skin, Cuticle Care, Cutting & Filing of Nails, massage and Varnish. 1 Hr	£23
---------------------------------------------------------------------------------------------------------------------	-----

Luxury Pedicure – all of the above <i>PLUS</i> exfoliation and foot mask 75 mins	£28
-----------------------------------------------------------------------------------------	-----

Deluxe OPI Pedicure

All above plus callous softening , exfoliation & foot mask 90 mins	£32
---------------------------------------------------------------------------	-----

Mini Pedicure - Filing; Cuticle Work; Polish or Buffing 30 mins (French 45mins—additional £2.00)	£15
---------------------------------------------------------------------------------------------------------	-----

Re- varnish	£8
--------------------	----

Paraffin application - additional	£8
------------------------------------------	----

Nail Enhancements

Hands

Acrylic nails: NSI high quality acrylic system. Can be applied as either Natural or French Look; Tips or Sculptured. Glitter and colour tips and Nail art are available

Full Set of Acrylic Nails from	£32
Sculptured Nails (French, Glitter or Colour Tips)	£36
Infill (Due Approx Every 2-3 Wks) from	£20
Removal of Nails and Mini Manicure from	£18
Removal of Nails & New Set (2 hrs) from	£36
Repairs From	£4
Nail Art and Nail Gems Available on request	

Calgel nails: A complete nail enhancement solution.

Natural or French Look Gel applied either as an overlay, over tips or sculptured. Calgel is a unique soft and flexible gel which can create a very fine enhancement tailored precisely to your nail which is kinder to the natural nail causing little or no damage when correctly removed

Natural Look Calgel Overlays (no tips) from	£30.50
Natural Look Calgel Overlays (with tips) from	£36
Natural Look Calgel Overlays (sculptured) from	£40
French look over natural nails from	£34
French look with blended tips from	£40
French look over sculptured from	£45

Gel Permanent Polish Finger Nails £22

Gel Permanent Polish Finger and Toe Nails £35

Feet

Gel Toe Nails	£22
French Look	£25

Hair @ Nature's Way

A Comprehensive Hair Dressing Service is available in Salon.

Appointments are not always necessary.

For A Special Occasion

Half day and full day packages available for any occasion:

Weddings; Prom Nights; Birthdays and Pamper Days

Bespoke Service, incorporating treatments from our hair and beauty repertoire.

Packages can be tailored to include treatments to meet individual requirements. Price discounts and special deals available

Gift Vouchers

The Perfect Gift for Any Occasion. Available for any treatment or Value

Special Offers

Special offers are always available, please check our website :

natureswayhealthandbeauty.co.uk

or call the salon on

01772 768770

for more details



Scan our QR Code for details
and to visit our website



Please note : Due to the high number of missed appointments, a minimum of 24 hrs notice is required to cancel an appointment. We regret that failure to do so will result in a cancellation fee being charged.

Certain appointments may require a deposit to be paid at the time of booking

Prices may change at any time without prior warning

Ver. 8.3 June 2019